

## Autumn term - How can you help at Home?

Below are some ideas for topic-related activities that you may like to try at home with your child:

Personal, Social and Emotional Development	Communication and Language/ Literacy	Physical Development
<ul style="list-style-type: none"> <li>• Discuss feelings. What makes you feel happy, sad, scared...?</li> <li>• Discuss sharing and taking turns and play some games that involve taking turns.</li> <li>• Looking at photographs of family members - siblings, parents, grandparents etc</li> </ul>	<ul style="list-style-type: none"> <li>• Sharing rhymes and stories together</li> <li>• Find lots of different ways to practise writing their name and other letters in the alphabet - eg tracing over, forming letters in sand, on steamed up windows, in the air etc</li> <li>• Talk about what your child looked like as a baby</li> <li>• Discuss how we change as we get older</li> <li>• Writing lists - shopping/gift/Christmas etc</li> </ul>	<ul style="list-style-type: none"> <li>• Talk about what our bodies can do - run, hop, jump, skip etc</li> <li>• Try some of the above and note the effects on our bodies - heart beats faster, become breathless, get hot etc</li> <li>• Drawing and writing with lots of different equipment eg pencils, pens, marker pens, paintbrushes to improve pencil control</li> <li>• Practise correct pencil grip</li> </ul>
Mathematics	Understanding the World	Expressive Arts and Design
<ul style="list-style-type: none"> <li>• Share number books and sing number songs e.g. 5 little ducks, 1,2,3,4,5...</li> <li>• Go on a number hunt around your house. Talk about why we use numbers e.g. so the postman knows which house to deliver our post to!</li> <li>• Lots of practice counting out a range of objects accurately</li> <li>• Practising writing numbers and matching numbers to groups of objects</li> </ul>	<ul style="list-style-type: none"> <li>• Discuss change of seasons and hunt for signs of Autumn e.g. fallen leaves, conkers (this could be done on the way to or from school).</li> <li>• Label a picture of the body</li> <li>• Identify everyday objects that are living and non-living</li> <li>• Find pictures of different homes either in books, magazines or on the internet and talk about how they are different.</li> </ul>	<ul style="list-style-type: none"> <li>• Make a model or collage of your home from boxes or other materials</li> <li>• Take some photographs with your child of the local area and talk about them afterwards - what can you see? Does your child recognise where they are?</li> <li>• Pretend to be a character from your favourite story or act out part of the story</li> <li>• Paint some pictures of family members</li> </ul>

