

Web link www.bucksfamilyinfo.org/amershamfc **Email** amershamfc@buckscc.gov.uk **Phone** 01494 764258 **Address** Little Chalfont E-Act Academy, Bell Lane, Amersham, HP6 6PF

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Play and Explore 9:30am to 11am (Universal Drop-In) Parents/Carers with children 0 to 5 years</p>	<p>Short Breaks 9:30am to 12:30pm Invite Only 0 to 6 years</p>	<p>Family Learning Play and Learn Together A five week course starting 15 January Age range 18 months to 4 years</p>	<p>Arts and Crafts with Sensory Messy play 10am to 11am (Universal Drop-In) For the under 5s</p>	<p>Incredible Years Parenting Course from 31 January to 1 May 9:30am to 11:30am Parents/Carers of children 4 to 10 years old</p>
<p>Speech and Language Screening Clinics 16 March and 22 June 9:30am to 11am Invitation Only Parents/Carers with children 18 months to 5 years</p>		<p>Fun with Family Learning 9:15am to 11:15am (Universal Drop-In) Ages 18 months to 4 years</p>	<p>Development Reviews 9:15am to 12:30pm by appointment only with your Health Visitor For ages 1 to 2 years old</p>	
		<p>Child Health Drop-In (Universal Drop-In) 2pm to 3:30pm First and third Wednesday of the month Parents/Carers with children aged 0 to 5 years</p>	<p>Bucks SEND IAS (Universal Drop-In) Thursday 27 February 9:30am to 11:30am Parents/Carers with children with SEND</p>	
<p>Parent Craft 1pm to 3pm Antenatal Parents Invitation Only from Midwife</p>				

*For more detailed information please see session information on following pages



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Session/activity overview and further details

<p>Play and Explore (Universal Drop-In) A session for families and carers with children aged 0 to 5. Children can explore and learn whilst playing with a range of activities. Activities such as, messy play, arts and crafts, construction and sensory play.</p> <p>0 to 5 Years</p>	<p>Short breaks Gives disabled children the opportunity to have fun, gain independence, learn and develop, while offering respite to families. For further enquiries please contact BucksShortBreaks@actionforchildren.org.uk</p> <p>0 to 6 years</p>	<p>Incredible Years This course is designed to be relaxed and informal. You will gain a range of skills and strategies which will support you in your parenting. In order to gain the most from this course it is important that you are able to commit to attending all the sessions. To parents of children aged 4 to 10 years old. To book please email parentinggroups@buckscc.gov.uk or call 01296 382412</p>	<p>Parent Craft Pregnancy, preparation for labour and childbirth, how things change once baby arrives, babies development, and practical information and advice on sleep and feeding, routines and minor ailments</p> <p>Invitation Only through Midwife</p>
<p>Development Reviews 1 years and 2 years development checks carried out by your health team. This will look at your child's development and health and ensure any issues are noticed early.</p> <p>By appointment only with your Health Visitor</p>	<p>Bucks SEND IAS Service Family Drop-In Bucks SEND IAS Service to provide parents and Carers advice and support. Booking details to follow Age range for parents with children and young people aged from 0 to 25 years</p>	<p>Child Health Drop-ins (Universal Drop-In) Run by the health visiting service in a variety of venues. They provide an opportunity for you to turn up and talk to staff and other parents. You can discuss and review your child's growth and development as well as gathering information on health promotion topics to support you in your parenting journey.</p>	<p>Art, Crafts and Messy play for the under 5s Come and get creative and have fun using various materials and equipment to promote children's creativity and development.</p> <p>For the under 5s. Older children are welcome</p>



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Family Learning Sessions and further details | Running Wednesdays 10am to 12 midday

<p>Fun with Family Learning Wednesday 26 February (Universal Drop-In)</p> <p>A session with songs, stories and lots of fun. Come and find out what Family Learning can offer you.</p> <p>18 months to 4 years</p>	<p>Storybox Superduck Wednesday 19 February Booking Essential</p> <p>Enjoy craft, songs and activities inspired by this fantastic book.</p> <p>2 to 5 years</p>	<p>Play and Learn Together Wednesday 4 March to Wednesday 1 April Booking Essential</p> <p>A five week course with lots of ideas for how parents can enrich their children's play and help them to learn through play.</p> <p>18 months to 4 years</p>
<p>Fun with Stories Wednesday 15 January to Wednesday 12 February</p> <p>A five week course aimed at giving parents lots of ideas for making books fun for their children. Parents are given Bookstart materials as part of the course.</p> <p>18 months to 4 years</p>	<p>Spring Craft Workshop Wednesday 15 April Booking Essential</p> <p>Lots of fun craft, stories and songs for parents and children to enjoy together.</p> <p>2 to 5 years</p>	<p>For all bookable sessions Text YOUR NAME and quote Amersham Family Centre to Wendy Thomas 07768 044813</p>

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